

HOW 2 MEASURE

FIND YOUR BEST FIT

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Ladies' FIT

1 BUST

Use a tape measure to measure loosely around the fullest part of your bust. Make sure you keep the tape measure straight all around your body.

2 WAIST

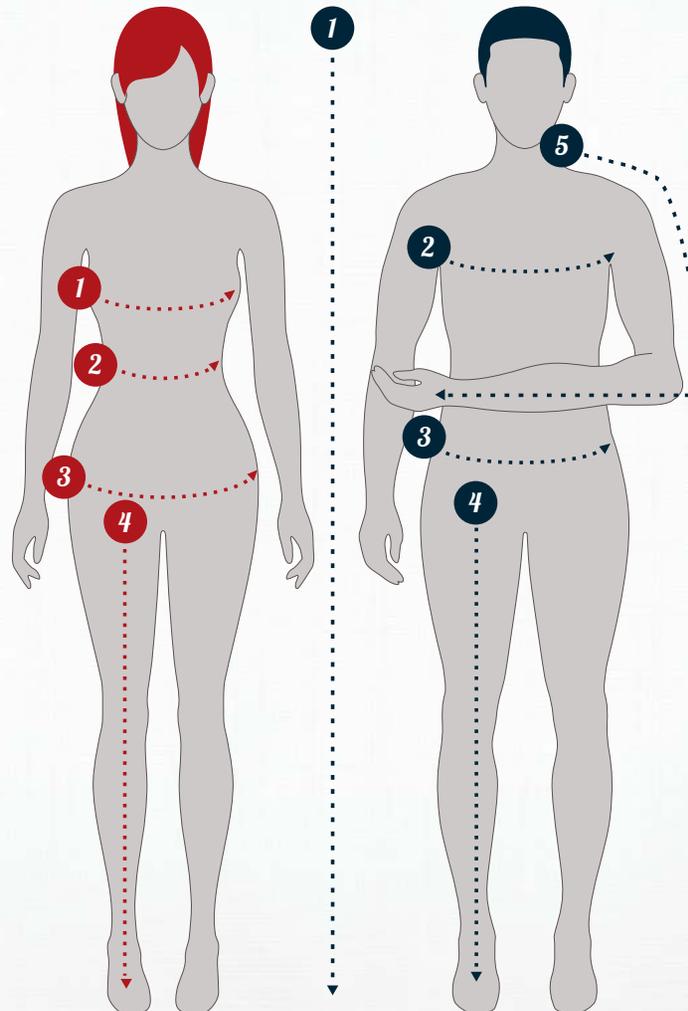
Measure around your waist at the height you prefer to wear your waistband. Measure over a shirt (not over pants).

3 HIP

Take a tape measure and wrap it around your hips. Make sure the tape is over the largest part of your buttocks.

4 INSEAM

Use a pair of pants that fit you well. Measure them along the inside seam of one leg from the bottom of the hem to the crotch.



Mens' FIT

1 HEIGHT

Measure your height from the top of your head to the bottom of your feet (without any shoes on).

2 CHEST

Measure around the fullest part of your chest, just under your arms.

3 WAIST

Measure around your waist at the height you prefer to wear your waistband. Measure over a shirt (not over pants).

4 INSEAM

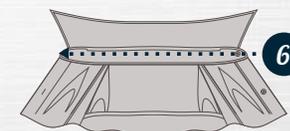
Use a pair of pants that fit you well. Measure them along the inside seam of one leg from the bottom of the hem to the crotch.

5 SLEEVE

With elbow bent, measure from the center of the back of your neck around your elbow and to your wrist.

6 NECK

Measure around the base of your neck where a collared shirt would fit you, or measure a collar band on a shirt that fits you well. Measure from the beginning of the button hole to the center of the button.



HOW TO MEASURE

Ladies' Fit Chart																		
AA	SIZE	TOLERANCE	XXS		XS		S		M		L		XL		2XL		3XL	
			0	2	4	6	6	8	10	12	14	16	18	20	22	24	24	26
			CHEST	±1"	32	33	34	35	35	6	37	38 ½	40 ½	42 ½	44 ½	46 ½	48 ½	50 ½
WAIST	±1"	25	26	27	28	28	29	30	31 ½	33 ½	35 ½	37 ½	39 ½	41 ½	43 ½	45 ½	47 ½	
HIPS	±1"	35	36	37	38	38	39	40	41 ½	43 ½	45 ½	47 ½	49 ½	51 ½	53 ½	55 ½	57 ½	
INSEAM																		
SHORT	±1"	28																
REGULAR	±1"	30-32																
TALL	±1"	32-34																

Ladies' Jackets															
BB	SIZE	TOLERANCE	S			M			L		XL	2XL	3XL	4XL	5XL
	CHEST	±1"	34-36			38-40			42-44		46-48	50-52	54-56	58-60	62-64
	SLEEVE REGULAR	±1"	33 ½			34 ½			35 ½		36 ½	37 ½	38 ½	39 ½	40 ½
	SLEEVE TALL	±1"	34 ½			35 ½			36 ½		37 ½	38 ½	39 ½	40 ½	41 ½

Ladies' Fleece Pants																						
CC	ALPHA	S			M			L			XL		2XL		3XL		4XL		5XL		6XL	
	NUMERICAL	28	29	30	31	32	33	34	35	36	38	40	42	44	46	48	50	52	54	56	58	60
	INSEAM REGULAR	32																				
	INSEAM TALL	34																				

Ladies' Coveralls & Bib Overalls																					
DD	ALPHA	S			M			L			XL		2XL		3XL		4XL		5XL		6XL
	NUMERICAL	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64	66				
	HEIGHT REGULAR	5'4" - 5'7"																			
	HEIGHT TALL	5'8" - 6'1"																			

Men's Fleece Pants																						
A	ALPHA	S			M			L			XL		2XL		3XL		4XL		5XL		6XL	
	NUMERICAL	28	29	30	31	32	33	34	35	36	38	40	42	44	46	48	50	52	54	56	58	60
	INSEAM REGULAR	33																				
	INSEAM TALL	34																				

Men's Coveralls & Bib Overalls																
B	ALPHA	S			M			L			XL	2XL	3XL	4XL	5XL	6XL
	CHEST	34-36			38-40			42-44			46-48	50-52	54-56	58-60	62-64	64-66
	WAIST	31			35			59			43	47	51	55	59	63
	INSEAM REGULAR	5'8" - 6'														
	INSEAM TALL	6'1" - 6'3"														

Men's Pants & Jeans																							
D	(TAILLE) NUMERICAL	28	29	30	31	32	33	34	35	36	38	40	42	44	46	48	50	52	54	56	58	60	
	INSEAM 30	30																					
	INSEAM 32	32																					
	INSEAM 34	34																					
	INSEAM 36 (UNF)	36																					

Men's Jackets & Liners														
E	SIZE	S			M			L		XL	2XL	3XL	4XL	5XL
	CHEST	34-36			38-40			42-44		46-48	50-52	54-56	58-60	62-64
	SLEEVE REGULAR	33 ½			34 ½			35 ½		36 ½	37 ½	38 ½	39 ½	40 ½
	SLEEVE TALL	34 ½			35 ½			36 ½		37 ½	38 ½	39 ½	40 ½	41 ½

Men's Lab & Work Coats														
F	SIZE	S			M			L		XL	2XL	3XL	4XL	5XL
	CHEST	34-36			38-40			42-44		46-48	50-52	54-56	58-60	62-64
	SLEEVE REGULAR	33			34			35		36	37	38	39	40
	SLEEVE TALL	34			35			36		37	38	39	40	41

Men's Mollen Metal Shirts & Food processing Shirts														
G	SIZE	S			M			L		XL	2XL	3XL	4XL	5XL
	CHEST	34-36			38-40			42-44		46-48	50-52	54-56	58-60	62-64
	NECK	15 - 15 ½			16 - 16 ½			17 - 17 ½		18 - 18 ½	19 - 19 ½	20 - 20 ½	21 - 21 ½	22 - 22 ½
	SLEEVE REGULAR	33			34			35		36	37	38	39	40
	SLEEVE TALL	34 ½			35 ½			36 ½		37 ½	38 ½	39 ½	40 ½	41 ½

Men's Dress Shirts														
H	SIZE	S			M			L		XL	2XL	3XL	4XL	5XL
	CHEST	34-36			38-40			42-44		46-48	50-52	54-56	58-60	62-64
	NECK	15 - 15 ½			16 - 16 ½			17 - 17 ½		18 - 18 ½	19 - 19 ½	20 - 20 ½	21 - 21 ½	22 - 22 ½
	SLEEVE REGULAR	33 ¾			34 ¼			35		35 ¾	36 ½	37 ¼	38	38 ¾
	SLEEVE TALL	34 ¾			35 ¼			36		36 ¾	37 ½	38 ¼	39	39 ¾

Men's Industrial Work Shirt														
I	SIZE	S			M			L		XL	2XL	3XL	4XL	5XL
	CHEST	34-36			38-40			42-44		46-48	50-52	54-56	58-60	62-64
	NECK	15 - 15 ½			16 - 16 ½			17 - 17 ½		18 - 18 ½	19 - 19 ½	20 - 20 ½	21 - 21 ½	22 - 22 ½
	SLEEVE REGULAR	33 ¾			34 ¾			35		35 ¾	36 ¼	36 ¾	37 ½	38 ¼
	SLEEVE TALL	34 ¾			35 ¾			36		36 ¾	37 ¼	37 ¾	38 ½	39 ¼

Men's Knitwear														
J	SIZE	S			M			L		XL	2XL	3XL	4XL	5XL
	CHEST	34-36			38-40			42-44		46-48	50-52	54-56	58-60	62-64
	SLEEVE REGULAR	33 ½			34 ½			35 ½		36 ½	37 ½	38 ½	39 ½	40 ½
	SLEEVE TALL	34 ½			35 ½			36 ½		37 ½	38 ½	39 ½	40 ½	41 ½